



OPEX MATCHES
EACH CLIENT WITH A
PERSONAL COACH
WHO PROVIDES
SUPPORT IN:

NUTRITION

LIFESTYLE

FITNESS
PROGRAMING

ALL FOR ONLY
\$299.99/MONTH*

OPEX REGINA

15% OFF A 12-MONTH MEMBERSHIP
10% OFF A 6-MONTH MEMBERSHIP

Memberships

In a world where many groups assume that all people will benefit from the same path, we understand that everyone is truly unique, and that they need their own individualized path to success. That path will be designed and supported by your own personal coach, who will be with you every step of the way!

OPEX[®]
REGINA

*Prices are subject to change.

OPEX REGINA

2754 Montague Street
Regina, SK S4S 0J9
(306) 543-6739
info@opexregina.ca

<http://www.opexregina.ca/>

Hours of Operation:
Monday-Friday 6am-8pm
Saturday 8am – 1pm
Sunday - Closed